



*Church of the*

# SACRED HEART

*A Faith Community in the Roman Catholic Tradition Since 1905*

## PARISH CENTER & MAILING ADDRESS

**200 RANDOLPH AVENUE, SOUTH PLAINFIELD, NJ 07080**

**PHONE: 908-756-0633 FAX: 908-757-5655**

**ONLINE: <http://www.churchofthesacredheart.net>**

*The Parish Center is open Monday through Thursday from 8AM - 4PM, Friday from 8AM - 2PM. Please schedule other times by appointment.*

**SACRED HEART CHURCH IS LOCATED AT 149 SOUTH PLAINFIELD AVENUE**

## PARISH STAFF

908-756-0633

PASTOR x125

**REV. JOHN P. ALVARADO**

IN RESIDENCE x126

**REV. JAMES E. DE FILLIPPS**

DEACONS

**D. GREGORY CARUSO** x145

**D. WAYNE OTLOWSKI** x141

**D. FRANK YUHAS** x194

DIRECTOR SACRED MUSIC x139

**DANIEL MAHONEY**

RELIGIOUS EDUCATION x143

**LOUISE TIMKO**

BUSINESS ADMINISTRATOR x140

**PAUL A. LORANCE**

PARISH FINANCES x114

**JIM BUFIS**

OFFICE ADMINISTRATOR x110

**LISA THOMPSON**

PARISH LIFE COORDINATOR x142

**RALPH A. QUAGLIA**

STAFF ASSISTANT x118

**SR. NADINE BOYLE, RSM**

SACRISTAN

**MARIE DOLINSKI**

HOLY REDEEMER CEMETERY

**LYNDA YELENOVSKY**

**908-822-5892**

*We welcome all to join us for worship and invite you to become an active member of our parish family.*

Sacred Heart Church is open every day as a quiet refuge for prayer and reflection from 6:00AM until 4:30PM.

## ■ MASS SCHEDULE

Weekend: 5:00PM – Saturday Vigil; Sunday – 9:00AM, 11:30AM

Daily: 9:00AM – Tuesday, Wednesday, Thursday, Friday, Saturday  
7:00PM – Monday

Holy Day: 6:30AM, 9:00AM, 7:00PM

## ■ EUCHARISTIC ADORATION

Monday: 6:00-7:00 PM

## ■ MIRACULOUS MEDAL NOVENA

Monday: 6:45PM with Benediction and Saturday: following 9:00AM Mass

## ■ BAPTISM

The sacrament is celebrated on the second and fourth Sundays of every month at 1:00PM with the exception of the Season of Lent.

## ■ RECONCILIATION

Saturday: 10:00 - 11:30AM *and* at other times by appointment.

## ■ MARRIAGE

In conjunction with the policy of Marriage Preparation set forth by the bishops of New Jersey, couples should begin the process one year in advance of the planned date of marriage. Arrangements should be made with the Church before any other plans are set. All details and information will be gladly provided upon calling the Parish Office.

## ■ MISSION STATEMENT

The Roman Catholic Church of the Sacred Heart, South Plainfield, NJ was established in 1905. We are a diverse community striving to foster spiritual growth and Catholic identity through liturgy, sacraments, service, education and our shared faith in God. We are committed to being an instrument of love, healing and hope by ministering to the needs of our parishioners & the larger community, while celebrating the Christ present in each of us.

# ⊕ **MASSES**

SATURDAY, JULY 30

5:00 PM PASQUALE MUGLIA, Req. by Family

SUNDAY, JULY 31

9:00 AM ANNIV. ANNA & MARTIN WASKIEWICZ, Req. by Grandchildren

11:30 AM PEOPLE OF THE PARISH

MONDAY, AUGUST 1

ST. ALPHONSUS LIGUORI, Bishop & Doctor of the Church

6:00 PM Eucharistic Adoration, Rosary  
6:45 PM Miraculous Medal Novena, Benediction  
7:00 PM RALPH CASSIO, Req. by Wife & Family,  
DR. ROBERT HUBAN, Req. by Sister, Mary  
Catherine & Family, ANGEL S. ACAB, Req. by Dan  
Mahoney, MARIE LAROCHE, Req. by Daughter,  
MARY JANE KURDEWAN, Req. Michael McMahon

TUESDAY, AUGUST 2

ST. EUSEBIUS OF VERCELLI, Bishop  
ST. PETER JULIAN EYMARD, Priest

9:00 AM FILMORE BURGESS, Req. by Mrs. Olsson

WEDNESDAY, AUGUST 3

9:00 AM RENEE HEALY, Req. by Jean McKimm & Family

THURSDAY, AUGUST 4

ST. JOHN VIANNEY, Priest

9:00 AM CHRISTINA BUMBACK, Req. by Jack & Maureen  
Terhune

FRIDAY, AUGUST 5

THE DEDICATION OF THE BASILICA OF ST. MARY MAJOR

9:00 AM ANNIV. JOAN EJK, Req. by Sister, Barbara

SATURDAY, AUGUST 6

THE TRANSFIGURATION OF THE LORD

9:00 AM MADELINE WALDRON, Req. by Davey & Joe Sacco,  
LILLIAN KOUTSAFTES, Req. by Tracy Hartmann,  
BETTY ACORDA, Req. by Tess, Elvie & Lucy,  
MARK LASKO, Req. by the Nolan Family,  
MICHAEL LEIKAUSKAS, Req. by Wife Joyce  
5:00 PM ANNIV. JOSEPH DOLINSKI, Req. by Wife & Family

SUNDAY, AUGUST 7

19th SUNDAY IN ORDINARY TIME

9:00 AM JOHN F. McNERNEY, Req. by Wife & Family  
11:30 AM PEOPLE OF THE PARISH



## **ALTAR SERVER SCHEDULE: AUG 6-7**

**5:00 PM** - A. Walker, T. Figueiredo, D. Faustini

**9:00 AM** - A. Ortega, N. Carannante

**11:30 AM** - Z. Policarpio, J. Chavez, E. Dodge



## **WEEKLY SCRIPTURE PASSAGE**

July 31 - August 7

7/31 - Eccl 1: 2, 2: 21-23/Col 3: 1-5, 9-11/Lk 12: 31-21

8/1 - Jer 28: 1-17/Mt 14: 13-21

8/2 - Jer 30: 1-2, 12-15, 18-22/Mt 14: 22-36

8/3 - Jer 31: 1-7/Mt 15: 21-28

8/4 - Jer 31: 31-34/Mt 16: 13-23

8/5 - Na 2: 1, 3; 3: 1-3, 6-7/Mt 16: 24-28

8/6 - Dn 7: 9-10, 13-14/2 Pt 1: 16-19/Lk 9: 28b-36

8/7 - Wis 18: 6-9/Heb 11: 1-2, 8-19/Lk 12: 32-48



► The daily Scripture references are printed here. If you find it helpful and have internet access, you can find the complete **DAILY SCRIPTURE READINGS** at <http://www.usccb.org/nab/>.

## **WE OFFER OUR PRAYER**

FOR THOSE WHO ARE SICK, especially: Pauline Gillick, Dot Rotola, Michael Durning, Danielle Pepin, Prudence Capparelli, Alfred Haas, Martha Leon, George Ripley, Alice & Ed Kicki, Anne Nagy, Eileen Walker, Daniel Hedden, Robert Larsen Jr., Brody Kasnowski, Georgie Martinkovic, Joan Sacko, Mary Pfeiffer, Kevin Jones, Raul Rodriguez, Dot Cooney, Alyssa Ricciardi, Richard Romeri, Margaret Nichuck, Frank Spalluto, Tina Bernauer, Kathleen Poliquin, Thomas Buttery, Betty Ann Robertson, Cathy Gary, Rich Levine, Cheryl O'Brien, Albert Pizza Sr., Hank Loeffler, Thomas Heim, Peter Romano, Katherine Makowski, Patricia Lacasale, Frank Harris, Patrick Cadeen, Margaret Smith, Clara McGill, Louise Valentino, Romulo Lopez, Janice Vogel, Carol Hart, Dot Mercier.

FOR THOSE IN HOSPITALS & NURSING HOMES, especially: Bert Gartland, Lorraine Kick, Anna Marie Gladysz, Bill Keenan, Chuck Pender, Wilma Zielinski.

FOR THOSE WHO HAVE DIED, especially: Roberto "Bobby" Kaimo and The Faithful Departed of Sacred Heart Parish & their families who mourn their loss.

## **VIRGIN MARY CANDLE**

burns in memory of

MARY SABO

Requested by the Sabo & Naberezny Families

## **SACRED HEART CANDLE**

burns in memory of

THOMAS ZECCHINO

Requested by Rocky & Pat Colavito

## **SANCTUARY CANDLE**

burns in thanksgiving for

SISTER NADINE

Requested by Sister Kathleen



## *Wedding Banns*

**FIRST TIME: Craig Smillie & Kathleen Cioffi**

We welcome everyone, especially those who are visiting and may be new to Sacred Heart Parish.

## GOD'S PLAN FOR GIVING

We are a tithing parish & give thanks for God's gifts.

### TITHING OR DONATION: CHURCH SUPPORT

Whether you are tithing or donating, however you choose to monetarily support the Church, we need your contributions. Thank you for your financial assistance.

Week Ending July 24, 2016

	2016	2015
<b>Envelopes:</b>	<b>\$ 10,217.90</b>	<b>\$ 10,290.00</b>
<b>Loose:</b>	<b>\$ 1,262.00</b>	<b>\$ 1,432.00</b>
<b>On-line Giving:</b>	<b>\$ 2,365.00</b>	<b>\$ 2,515.00</b>
<b>Totals:</b>	<b>\$ 13,844.90</b>	<b>\$ 14,237.00</b>

Major Repairs & Renovations to Date – \$ 91,285

PASTOR'S COMMENT: "The words of Jesus in today's gospel say it all ... 'Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions.' Use wisely & generously what we have now because, in the end, we don't take it with us." — Fr. John

SCRIPTURE: "Some give freely, yet grow all the richer; others withhold what is due, and only suffer want. A generous person will be enriched, and one who gives water will get water" — Proverbs 11:24-25

PARISHIONER COMMENT: "Once we wrote God into our budget we can no longer withhold payment from Him any more than we can withhold payment from Central Hudson (Power Company). And it's far more important to us that God's Light does not go out! As we pay God's bill first, there seems to be more money for all the other bills! Alleluia" — A parishioner, Good Shepherd and St. Joseph, Rhinebeck, NY

*What will you give back to God from the blessings you have received?*

How much of your personal finances do you already do online? **SACRED HEART CHURCH OFFERS ONLINE GIVING** for parishioners who prefer to donate through automatic draft. Online Giving is a secure and personalized way to give to the parish.



In the convenience of your home you choose how much to give, how often to give, and what form of payment you wish to use.

Online Giving can stand on its own as a means of donation or can be used in conjunction with

your offering envelopes. Sign up for Online Giving at our parish website: <http://www.churchofthesacredheart.net>

Have your weekly offering automatically debited from your checking account or credit card. If you have reward credit you can be earning points or cash back.



**SAVE THE DATE** - The Church of the Sacred Heart Annual Parish Picnic will take place on **Sunday, September 11, 2016** at the school backyard & cafeteria. **FAMILY- FOOD - FUN** for every age and everyone. *Eyes of the Wild* will be returning with exciting live animals. There will be dancing and singing and get yourselves ready for this year's talent show.



**Think about your performance specialty & get practicing!**



**PARISH PICNIC TALENT SHOW RETURNS ... STARRING ... YOU!** Once again, this year's Parish Picnic will showcase many of our parishioners sharing their talents during the festivities. **The Talent Show will be from 3:00-4:00PM.** Those who wish to participate should contact Dan Mahoney 908-756-0633 x139, or via email Dan410@aol.com. Any person in grade 6 or older is welcome to participate. Depending on the number of people that sign-up, the time will be limited based on the number of participants. Please contact Dan ASAP so that you will have your "spot" for the show.

### THE CHURCH OF THE SACRED HEART WELCOMES ALL NEWCOMERS

to the parish. Please contact our parish secretary, Lisa at the Parish Office at 908-756-0633 x110 for registration information.

► If you are moving, please notify Lisa at the Parish Office so we can keep our parishioner records current. *Thank you*

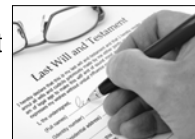
**PARISH MEMBERSHIP:** Any new family who has moved into the parish area and adult children 18 years of age and older, are invited to register as a parishioner. The definition of an active parishioner is: *One registered, attending Mass weekly and contributing to the support to the church.* **There is a (3) month minimum registration requirement before registering for a baptism or requesting letters of eligibility/sponsorship certificates.**

**PARISH UPDATES:** If you are now solely using a cell phone, have changed your phone number or address, please call Lisa at 908-756-0633 x110, so we can update your records. We would also like to update our parish data base with e-mail addresses. You can easily email us at [admin@churchofthesacredheart.net](mailto:admin@churchofthesacredheart.net) to have your email address included or to update an email address. Thank you!

► If you are moving, please notify Lisa at the parish office so we can keep our parishioner records current. *Thank you!*

### ► Have you included your parish in your estate planning and in your Will?

Remember the Church of the Sacred Heart in life & in death. Please call and speak with Jim Bufis at the Parish Office (908-756-0633 x114) about your legacy gift to your parish.



## 2015 BISHOP'S ANNUAL APPEAL Grace, Mercy and Peace

Thank you for your continued support of the Bishop's Annual Appeal

**PLEGGED TO DATE: \$77,410 - GOAL: \$80,200**

## WE PRAY FOR ALL SERVING IN THE MILITARY

*Especially for our parishioners*



Army Captain Cheryl Hoh, Pharm D  
 Spc. Erik Sienkiewicz - US Army / Iraq  
 Psc. Amanda Marie Morales - US Navy  
 Marine Corp. Troy A. Benson/Japan  
 Pvt. Alterreek Booker - US Army/KY  
 Cpl. Zackeriah Romasz - US Marine Corp.  
 Spc. Bryan Gutschall - US Army/Afghanistan  
 Pfc. John W. Diana/US Army/Alaska  
 Spc. Nick Okoszko/US Army/No. Carolina  
 LCdr. Edward Quaranta/Reserves/Afghanistan  
 Lt. Col. Dirk H. Smith/US Army, Washington, DC  
 LCpl. Quinn Cochrane/US Marines, No. Carolina  
 Pvt. Edward C. Forsthoffer/US Army



### May we work for Justice as we pray for Peace.

Visit our diocesan website at [diometuchen.org](http://diometuchen.org),  
 click [Offices & Ministries](#),  
 then click [Military and Veteran Families](#) and see  
 THE APOSTOLATE FOR MILITARY & VETERAN FAMILIES

## FREE SUMMER MOVIES AT THE PARISH:

**“Guadalupe: The Miracle and the Message”** and **“For Greater Glory”**: The Church of the Sacred Heart, will be showing these two films. The 2015 Knights of Columbus-produced film, **“Guadalupe: The Miracle and the Message”** is narrated by Jim Caviezel, the actor who portrayed Jesus, in **“The Passion of The Christ.”** This film paints a comprehensive and inspiring picture of the history, facts and legacy of the image of Our Lady of Guadalupe and was shown on ABC last Fall. Also being shown is **“For Greater Glory”**, A chronicle of the Cristero Resistance (1926-1929); a response by the people of Mexico against the anti-Catholic, anti-clerical Mexican government of the time. With a full-star cast, this film had been shown in theaters across the country in 2012.

► **“Guadalupe: The Miracle and the Message”** will be shown in the church on **Tuesday, Aug. 9, at 7:00PM** and **Monday, Aug.15, at 1:00PM.** ► **For Greater Glory** will be shown in the church on **Thursday, Aug. 11, at 1:00PM** and **Tuesday, Aug. 23, at 7:00PM.** All are welcome.



The Sacred Heart Rosary Altar Society invites you to pray the Rosary with them on the first Sunday of each month one half hour before all Masses.

## MUSIC MINISTRY OPPORTUNITIES AT SACRED HEART CHURCH

- ◆ The Folk Group sings at the 5:00PM, Saturday Vigil Mass.
- ◆ The Adult Choir sings on Sundays and at other liturgies and paraliturgies from September - June. The Adult Choir will resume rehearsals on Thursday, September 8, 2016, at 8:00PM in the Church. The choir ordinarily sings at the 9:00AM or 11:30AM Mass on assigned Sundays.
- ◆ The Intergenerational Handbell Choir is for high school age folks and older. The choir rings once a month, most often at the 9:00AM Mass.
- ◆ The Youth Handbell Choir is for students in grades 6, 7 & 8. This choir rings once a month at the 11:30AM Mass.
- ◆ The Youth Vocal Choir will resume rehearsals on Tuesday, September 27, at 4:30PM. This vocal choir is for any students in grades 3-8.



Please see the parish website for more information. If you have any questions about our Music Ministry, please feel free to see Dan Mahoney, 908-756-0633 x139, or via email [Dan410@aol.com](mailto:Dan410@aol.com).



From our Garden - We have been harvesting produce providing fresh vegetables to the families we assist. Thank you to our “weekend farmers” for all your effort. We have all been reaping the benefits and are grateful for God’s blessings.



## Respect for Life

“Before I formed you in the womb I knew you. Before you were born I dedicated you, a prophet to the nations I appointed you ...” God’s words spoken to the prophet Jeremiah ought to cause this nation to stop and reflect on who and what our policy of legalized abortion is destroying.

## SACRED HEART SOCIAL CONCERNS

### April - June 2016 Quarterly Report

Thank you and God bless you for your continued support to those in need from our parish family. Your generous sharing of your gifts allows us to continue to serve the most needy of our parish and to be a living example of Mercy.

With your contributions we were able to assist, on a monthly basis, 29 families with food and financial aid. During this past quarter, our food pantry has been well stocked due to the continuous donations of food by parishioners and town residents (322 bags). We distributed 435 bags of food to families in need. We also assisted families with financial help (\$4,637.00), in addition to over \$1,965.00 in gift cards for perishable food, clothing, and other personal needs.



If you know of families in need, please encourage them to call 908-756-0633 x112, Monday, Wednesday, Friday between 9:00AM & 11:00AM. The primary source of our funding is from the Poor Boxes located at all the doors of the Church. Also, at all doors, bins are provided for your donations of non-perishable food items.

Email: [socialconcerns@churchofthesacredheart.net](mailto:socialconcerns@churchofthesacredheart.net)



# RELIGIOUS EDUCATION

Louise Timko, Director  
908-756-0633 x143

For more information please visit our web page  
**www.churchofthesacredheart.net**  
or send us an email:

**religiouseducation@churchofthesacredheart.net**

*Everyone hears the Sunday Scripture readings proclaimed, but do we take time to think about their meaning in our lives?*

► **QUESTION OF THE WEEK – July 31**

Question of the week: How do you reconcile your preparations for your own future with the parable of the rich man who meets his end sooner than he expected?

**REGISTRATION FOR SEPTEMBER RELIGIOUS EDUCATION IS NOW OPEN.** The form can be found on the parish website: [churchofthesacredheart.net](http://www.churchofthesacredheart.net) and is available at the Parish Center. Tuition is \$125 per child. This year our program schedule is more flexible and schedule friendly. There are other exciting new features as well. Information is available on the parish website.

**Thank you** to everyone who made the Religious Education Summer Session 2016 a success. We had an enrollment of 394 children, and the catechists and aides deserve special thanks for their dedication and creativity!

**CATECHISTS:**

Kim Baskiewicz, Jessica Butrico, Ann Fallet, Erin Farrell, Denise Figueroa, Tammy Findeis, Sue Gwiazda, Charlene Hall, Mackenzie Hall, Emily Kearney, Michelle Larsen, Dee McCriskin, Grace Metz, Gerilyn Nuber, Kristen Orłowski, Terri Rogus, Liz Schwarz, Lori Stolz, Catherine Yuill

**AIDES:**

Mary Bill, Kaitlyn Borsos, Henri Brignol, Paul Carlisle, Julianne Chavez, Julianne DeCastro, Susan DiFrancesco, Faith Dodge, Dominic Faustini, Kayla Findeis, Sal Gagliano, Anita Keller, Marianne Larsen, Cameron Marks, Debbie Metz, Anthony Montuori, Samantha Ratti, Skyler Staats, Alexis Walker, Joseph Walker, Jacquie Watt, Vilma Whalen, Caroline Zieger

**A special thanks to Louise Timko our Religious Education Director and Barbara Ciccone, our Administrative Assistant.**



**Holy Savior Academy**  
THE MIDDLEBROOK DEANERY CATHOLIC SCHOOL

*Where academic excellence & Christ's presence come together*

149 SOUTH PLAINFIELD AVENUE, P.O. BOX 1179  
SOUTH PLAINFIELD, NJ 07080  
908-822-5890 — HOLYSAVIORACADEMY.COM  
MRS. CAROL WOODBURN, PRINCIPAL

# HOLY REDEEMER CEMETERY



*Serving the funeral and burial needs of our Catholic Community with respect & dignity since 1919.*

**OWNED & OPERATED BY THE CHURCH OF THE SACRED HEART**

**1734 CLINTON AVENUE, SOUTH PLAINFIELD, NJ 07080**

**908-822-5892**

**Website: [www.holyredeemercemetery.net](http://www.holyredeemercemetery.net)  
Email: [shcemetery@comcast.net](mailto:shcemetery@comcast.net)**

**Graves, Mausoleum Crypts & Cremation Niches**

*Inquire about brass military insignia and photoceramic features.*

**LYNDA YELENOVSKY, BUSINESS ADMINISTRATOR**

◆ **CEMETERY HOURS** ◆

8:00AM - 4:30PM (SEPT 16 - APRIL 14)  
8:00AM - 7:00PM (APRIL 15 - SEPT 15)

**Website Update!**

You can now access the cemetery website via the Church website: [churchofthesacredheart.net](http://www.churchofthesacredheart.net), click on **Cemetery** and it will take you directly to the site. Please view and submit photos, comments, obituaries, military information, etc. **Thank you!**

**SPONSOR LETTERS** - Canon (Church) Law mandates that a Godparent for Baptism and a Sponsor for Confirmation be an active, Confirmed Catholic. An active Catholic is a parishioner who is registered, attends Mass weekly, contributes to the support of the Church, is in a valid Catholic marriage, and publicly leads a life compatible with Church teaching. We can only write *Letters of Eligibility* for parishioners who meet these criteria.

**BAPTISM/SPONSORSHIP CLASS** - Parents and godparents are required to attend one session before the child's baptism date can be confirmed. Sessions are held on the 1st Tuesday of every month at 7:00PM in the Parish Center - 3rd floor. (Adults only - please, no infants or children.) Registration is required. Contact Sr. Nadine 908-756-0633 x118 to register for the class or with any questions.

**VISIT THE PARISH WEBSITE!**

See <http://www.ChurchoftheSacredHeart.net>

**VISIT THE DIOCESAN WEBSITE AT**

[www.diometuchen.org](http://www.diometuchen.org)

► **And don't forget to "like" us on FACEBOOK**

The Church of the Sacred Heart, and to "follow" us on TWITTER & INSTAGRAM



# THIS IS OUR FAITH

## The Mass

Last week we concluded with: "Centuries of reflection on the Eucharist have left us a spiritual heritage that continues to deepen and grow. Three key truths about the Eucharist draw our attention: it is a **Sacrifice, a Holy Meal, and the Real Presence of Christ.**"

**THE MASS IS A SACRIFICE** - The Mass is a sacrifice in the sense that when it takes place, **Jesus Christ, Himself**, through the bishop or priest celebrating the Mass, makes present sacramentally His saving, sacrificial death on the Cross by which He redeemed us from our sins. This Eucharistic sacrifice is the memorial of Christ's redeeming death. The term memorial in this context is not simply a remembrance of past events; "*When the Church celebrates the Eucharist, the memorial of her Lord's death and resurrection, this central event of salvation becomes really present and 'the work of our redemption is carried out'*" — *ECCLESIA DE EUCHARISTI*, POPE JOHN PAUL II, #11, 4/17/2003).

**To participate actively in the Mass, we need to resist a tendency to passivity when gathered in an audience-like setting.** At Mass, we are an assembly of believers called to be a community joined in the active praise and worship of God. We do this in the singing of hymns, psalms, recitation of prayers and responses, But active participation also requires an interior attention and a profound inner offering, as St. Paul says "*I urge you therefore, brothers, by the mercies of God to offer your bodies as a living sacrifice, holy and pleasing to God, your spiritual worship*" — *Romans 12:1*. When the assembly of the faithful, from the hands of the priest, offers the sacrifice of Christ to the Father, the members of the assembly are called to offer their bodies as a living sacrifice, holy and pleasing to God.

When we receive Communion, we need to remember that we are not changing Christ into ourselves. Jesus is transforming us into Himself. And as He sacrificed Himself for us, we are called to join His sacrifice. The Eucharistic sacrifice is offered to adore and thank God, to pray for all our needs, and to gain pardon for our sins.

**THE MASS IS A HOLY MEAL** - "*Unless you eat the flesh of the Son of Man and drink His blood, you do not have life within you*" — *John 6:53*. Jesus Christ shares with us His Body and Blood under the form of bread and wine. Thus the Mass is a sacred banquet that culminates in the reception of Holy Communion. The Church urges us to prepare conscientiously for this moment. We should be in the state of grace, and if we are conscious of a grave or serious sin, we must receive the Sacrament of Penance before receiving Holy Communion. Just as bodily food sustains our physical life, so Holy Communion nourishes our spiritual life. This Communion moves us away from sin, strengthening our moral resolve to avoid evil and turn ever more powerfully toward God. "The more we share the life of Christ and progress in his friendship, the more difficult it is to break away from him by mortal sin" (CCC, no. 1395).

**THE REAL PRESENCE OF CHRIST** - By the power of the Holy Spirit, Christ is present in the proclamation of God's Word, in the Eucharistic assembly, in the person of the priest, **but above all and in a wholly unique manner in the Eucharist.** "This presence is called 'real' because it is a substantial presence by which Christ, God and man, makes Himself wholly and entirely present" (CCC, no. 1374). Since the Middle Ages, the change of bread and wine into the Body and Blood of Christ has been called "transubstantiation." The substance of the bread and wine is changed into the substance of the Body and Blood of Christ. The appearances of bread and wine remain (color, shape, weight, chemical composition), but the underlying reality — that is, the substance — is now the Body and Blood of Jesus Christ.

## A Prayer for Peace & Unity in Our Nation and the Closing of The Year of Mercy

### PILGRIMAGE

#### OUR LADY OF GUADALUPE & THE SHRINES OF MEXICO

OCT 29 - NOV 4, 2016

*Journey & pray with our pastor,  
Rev. John P. Alvarado*

Visit Our Lady of Guadalupe,  
Mexico City, Cuernavaca,  
Taxco, Cholula, Puebla,  
Ocotlan, San Miguel and more.

**COST: \$1,895**

*Land & Air from Newark, NJ*

Information & Registration:

Select International Tours

**800-842-4842**

susan@select-intl.com

selectinternationaltours.com



## REDUCE, REUSE, RECYCLE

**SUSTAINABILITY TIP** — Appliances: Make energy efficiency a primary consideration when choosing a new furnace, air conditioning unit, dishwasher, or refrigerator. Products bearing the **ENERGY STAR** label are recognized for having superior efficiency ... *from Catholic Climate Covenant*



**"God never tires of forgiving us;  
we are the ones who tire of seeking His mercy."**  
Pope Francis, *The Joy of the Gospel: Evangelii Gaudium*

**PAPAL QUOTE AND CATHOLIC SOCIAL TEACHING** - **THEME 5: The Dignity of Work and the Rights of Workers** — The economy must serve people, not the other way around. Work is more than a way to make a living; it is a form of continuing participation in God's creation. If the dignity of work is to be protected, then the basic rights of workers must be respected — the right to productive work, to decent and fair wages, to the organization and joining of unions, to private property, and to economic initiative.

"In many cases, poverty results from a *violation of the dignity of human work*, either because work opportunities are limited (through unemployment or underemployment), or "because a low value is put on work and the rights that flow from it, especially the right to a just wage and to the personal security of the worker and his or her family." *Charity in Truth (Caritas in Veritate)*, #63, **ENCYCLICAL LETTER of BENEDICT XVI**, June 29, 2009.

*Piscataway*  
FUNERAL HOME  
18 Stelton Road - Piscataway, NJ 08854  
732-968-2828

*Mc Criskin - Gustafson*  
HOME FOR FUNERALS, LLC  
2425 Plainfield Avenue - South Plainfield, NJ 07050  
908-561-8000

Tamara L. Sinagra - Director, N.J. Lic. No. 4577  
Kerri-Anne Krapf - Director, N.J. Lic. No. 5045

Pre-Arrangements ♦ SSI/Medicaid Protection ♦ Cremation Services ♦ Customized Cultural Services ♦ Financial Assistance Available



*Mc Criskin - Gustafson*

FAMILY OF FUNERAL HOMES ♦ INDEPENDENT & LOCAL  
www.mccriskinfuneralhome.com

"Independent, Family Owned & Operated Funeral Homes"

James A. Gustafson - President/Manager, N.J. Lic. No. 4205  
Richard W. McCriskin II - Vice President, N.J. Lic. No. 4564

*Middlesex*  
FUNERAL HOME  
528 Bound Brook Road - Middlesex, NJ 08846  
732-968-3377

*South Plainfield*  
JAMES W. CONROY FUNERAL HOME  
FUNERAL HOME  
2456 Plainfield Avenue - South Plainfield, NJ 07080  
908-756-2800

Daniel M. Erickson - Director, N.J. Lic. No. 4798  
Thomas T. Adamecs - Director, N.J. Lic. No. 4319



## HELP WANTED

GREAT OPPORTUNITY TO  
WORK IN YOUR COMMUNITY!



Full Time - Competitive  
Benefits Available

Uncapped Commissions  
& Incentives

B2B Sales Experience  
Preferred

- Email [work@bonventure.net](mailto:work@bonventure.net) for more information -

*South Plainfield*  
**Observer**  
South Plainfield's Local Paper  
Your Source For Local News  
1110 Hamilton Blvd. 908-668-0010  
www.absolutecr.org



Find out how  
far your heart  
can reach

Millions of people  
overseas depend on  
you. PLEASE HELP.

1-888-354-0060  
CRS.ORG/cb



**ABSOLUTE**  
AUTO/TRUCK SALVAGE  
(732) 469-2202  
Recyclers of All Metals & Tires - Used & New Auto Parts  
245 Mountain Ave., Middlesex  
Francis J. Zatik, Pres.

**FLANAGAN'S**  
Family Restaurant & Pub

908-757-1818

COMPLETE PARTY MENU  
\$20 PER PERSON  
beverage, dessert, tax  
and gratuity included



2501 PLAINFIELD AVENUE  
SOUTH PLAINFIELD, NJ 07080  
[flanaganspub@comcast.net](mailto:flanaganspub@comcast.net)  
[www.flanagansrestaurant.com](http://www.flanagansrestaurant.com)

CHECK  
OUR WEBSITE  
FOR MENU  
OPTIONS

1645 Park Avenue  
(908) 791-WINE  
**Sals Spirit Shoppe**

A Time to Deepen Your Love...



...through a  
Marriage Encounter Weekend

[www.wmcentralnj.org](http://www.wmcentralnj.org)  
1-888-827-NJME

ALL THINGS **BASEMENTY!**



- Waterproofing & Finishing
- Humidity & Mold Control
- Foundation Problems
- Nasty Crawl Spaces, too!

**866-588-8317**

BasementRepairNJ.com

NY Lic # 1274423 • NJHIC# 13VH01833300

Grill Open All Night! **FREE WiFi**  
**BAGEL PANTRY**  
Middlesex & South Plainfield  
Our bagels are always hand-rolled and made on premises!  
SALADS - SANDWICHES - CATERING  
**BUY DOZEN BAGELS GET 3 FREE** **BUY 1/2 DOZEN BAGELS GET 2 FREE**  
134 SOUTH PLAINFIELD AVE., SOUTH PLAINFIELD - 908-791-0076  
[www.bagelpantry.com](http://www.bagelpantry.com)

**NEED A LAWYER? INJURED ON THE JOB?**

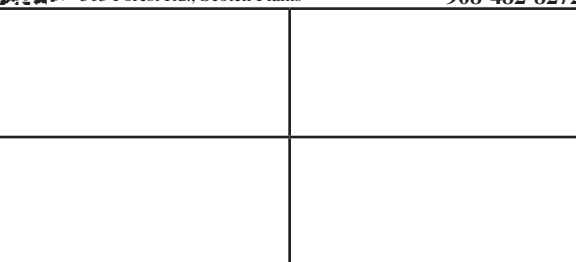
**MARC J. BRENNER ESQ.**  
Personal Injury  
Workers' Compensation  
Social Security Disability

★ CALL FOR A FREE LEGAL CONSULTATION ★

(973) 326-8902

222 RIDGEDALE AVENUE · CEDAR KNOLLS

**"You Won't Drown With Us Around"**  
**NATALE PLUMBING & HEATING**  
Commercial and Residential • Fast, Reliable Service  
- NO JOB TOO SMALL OR BIG -  
State Lic. #5322 We Accept VISA  
515 Forest Rd., Scotch Plains 908-482-8272



In this memoir, set as deeply in his mind as in the Southeast Asian jungle, a young American soldier embarks on a journey to a war that, for him, will never be over.

**Fighting Shadows in Vietnam**

The world was a playground for Mickey, a naive Irish American kid bored with his life. His father served in World War II, his brother was a Marine in Vietnam; now it was his turn. His 365 days in Vietnam builds in torment until an attack on a bunker complex in Cambodia. Wounded, his friend captured, he becomes a tormented survivor knowing he is always just a heartbeat from death.

**AVAILABLE NOW!**

Scan Here:

or visit:  
<http://goo.gl/ZGdeFF>

# ADVERTISE YOUR BUSINESS IN THIS DISPLAY SECTION



Help To Support Sacred Heart's Weekly Church Bulletin

For More Information Please Call John Slotmaker

**1-800-883-4343 x63**



**Jack Pedersen REALTY**  
 If you think all brokers are the same, You Don't Know Jack  
**John (JACK) Pedersen**  
 Broker / Owner ~ Parishioner  
**908-755-8300**  
 jackpedersen1@gmail.com  
 30 South Plainfield Avenue · South Plainfield, NJ 07080

*Myrna Garcia*  
*Se Habla Español*  
 Wedding Event Planner  
 Organizadora de Bodas y Eventos  
 "Memorable Events Created"  
 SOUTH PLAINFIELD | 908-757-2789  
**Timesofyourlives.com**

**GLASSTECH**  
 "Showing You The Difference"  
 Custom Mirrors · Table Tops · Store Fronts  
**FOR ALL YOUR GLASS & FRAMELESS SHOWER NEEDS**  
**908-754-4046**  
 www.glasstechnj.com

**GOD BLESS AMERICA**

**NISCHWITZ & CO.**  
 Fuel Oil · Garden Supplies  
 • Feeds · Kerosene, Water  
 Softener Salt · Pet Supplies  
 223 Front St., So. Plainfield  
**75b-0947 Fax # 908-75b-1041**

**TWIN CITY PHARMACY & SURGICAL**  
 1708 Park Ave., South Plainfield · 908-755-7696  
 RAMP · OXYGEN · OSTOMY SUPPLIES  
 HOME MEDICAL EQUIPMENT · FREE DELIVERY  
 Owners: Bill Ashnault, RPh., Sandy Cassio, Tom Cassio

**PLUMBING Professional**  
 Plumbing & Heating  
 "No Job Too Small"  
 License #8741 · S. Plainfield  
**908-561-1941**

**C&B CANCELA INSURANCE BROKERAGE, LLC.**  
 Anthony Cancela, Jr. RHU, President  
 2350 Oxford Ave. · South Plainfield, NJ 07080  
**908-756-5126 · Fax: 908-756-5169 · anthony@cibinsurance.com**

**CORCIA CONTRACTING CO., INC.**  
**HOME IMPROVEMENTS**  
 "It's About Trust" - James Corcia  
 ROOFING · SIDING · WINDOWS · DOORS  
 DECKS · TILE · BASEMENTS · CARPENTRY  
 SOUTH PLAINFIELD · 908-755-1254  
 Lic. #13VH03358600 - Insured

**Make a Difference...**  
 to the future of our Parish.  
 Please remember us in your Will

**R&C Auto Body**  
 Family Owned & Operated Since 1962  
 FREE Estimates - Lifetime Warranty On All Repairs  
 3330 Park Ave., South Plainfield · 908-757-1933  
 www.randcautobody.com

**IPENYAK ROOFING CO.**  
 Since 1960  
 Fully Insured Free Estimate  
 www.penyakroofing.com · 908-753-4222

**CINDY MICHAELS**  
 Jewelers & Gemologists  
 Fine Jewelry  
 176 Front Street · South Plainfield  
**908-769-4264**

**Alta Clara Pret-a-Porter**  
 ALTERATIONS · RESTORATION · SEWING CLASSES  
 ~ Custom Made Clothes For Children & Adults For All Occasions ~  
 WWW.ALTACLARADESIGN.COM  
 315 BOUND BROOK ROAD · MIDDLESEX · 908-754-1730

**MANUEL P. SANCHEZ**  
 ATTORNEY AT LAW  
 Sanchez Sanchez & Santoliquido, Esqs.  
 Real Estate · Business Transactions  
 Municipal Court · Wills · General Practice  
 142 Oak Tree Avenue · (908) 791-0142

Call me today for more information on how your business can benefit by joining the others who support this church bulletin program.  
 - John Sloatmaker  
**800-364-0684 / ext. 63**

**BON Venture**

Help your community, the environment, & yourself

Patronize your local businesses

**STILO PAVING**  
 GENERAL CONTRACTING  
 "Specializing in Residential Driveways"  
**908-754-0776**  
 Bob Stilo So. Plainfield

**Rose Marie Pelton**  
 REALTOR-Associate  
 NJAR Circle of Excellence 90-2013  
**BHHS BERKSHIRE HATHAWAY**  
**New Jersey Properties®**  
 659 Mountain Blvd., Watchung, NJ 07069  
 Bus 908 753-4450 · Fax 908-753-0136  
 Cell 908-419-3982 · Direct: 732-653-0322  
 Rosemarie.Pelton@BHHSNJ.com  
 A member of the franchise of BHH Affiliates, LLC.

Local businesses provide stronger support for local economies than national retailers.  
**Shop local.**  
 Support the advertisers of this bulletin.

**B.K.'s HOME IMPROVEMENTS INC.**  
 Siding · Roofing · Windows  
 Kitchens · Baths · Skylights  
 PISCATAWAY · 752-7686

**STILO PAVING**  
 GENERAL CONTRACTING

**LANZA LAW FIRM LLP**  
 PERSONAL INJURY · WILLS & ESTATES · FAMILY LAW · REAL ESTATE  
 MUNICIPAL COURT · WORKERS' COMPENSATION · BUSINESS TRANSACTIONS  
 2416 Plainfield Avenue · South Plainfield, NJ 07080 **908-753-6010**

**CatholicMatch**  
 New Jersey  
 CatholicMatch.com/NJsingles

**LOOKING FOR A PLACE TO EAT AFTER CHURCH?**

**VISIT ONE OF THE RESTAURANTS SPONSORING THIS BULLETIN!**

From Concept to Creation,  
 Your Complete Landscape Designer  
**A-Tech**  
 LANDSCAPE DESIGN  
 BRICK PAVERS · SIDEWALKS  
 PATIOS · DRIVEWAYS  
**908-413-1962**  
 www.A-TECHLANDSCAPE.com  
 Vinny Butrico, Parishioner  
 Fully Insured So. Plainfield

**CatholicMatch**  
 New Jersey  
 CatholicMatch.com/NJsingles